

*You can experience true  
healing and wholeness  
in your life!*

Few can walk away from an abortion experience unscathed. It was supposed to be a quick fix, a way to get your life back on track, But as hard as you try, the memories won't stay buried, The broken places in your life keep surfacing. You had no idea how that choice would affect you.

Don't suffer alone.  
Many have found  
true freedom  
and healing  
and you can,  
too!

We at Personhood Florida are not only concerned with protecting Life, but also about providing resources to those who have been affected by abortion.

For a List of  
Available Resources in your Area  
Please Visit:

**National Helpline  
for Abortion Recovery**

NationalHelpline.org  
24/7 Confidential Care  
or call  
1-866-482-LIFE

To learn more about Personhood Florida,  
please visit us at  
<http://www.PersonhoodFL.com>

# HOPE & HEALING

## ***TROUBLED BY YOUR PAST CHOICES?***

If you regret your abortion,  
you are not alone!



## Healing

In 2006 I said yes to becoming the Founding Executive Director of our local crisis pregnancy center. I was stunned that the Board of Directors had asked, because I had a "secret." A secret they knew nothing about, in fact, not many did!

In 1975, before my "Big Fat Greek Wedding", I experienced an unplanned pregnancy. Scared, my fiancé and I did what we thought would be "best" I aborted my first baby.

Looking back on it, we both felt that it was our only option. After all, my family and his would be ashamed and heartbroken. Yes, it was our only option.

For years I told myself that, however there was an emptiness that would not leave me. Guilt, shame, an inability to receive forgiveness, healing and freedom from this decision seemed to haunt me at every turn, but I could never tell anyone, because you see I had been born again, saved! How would people feel if they knew I had chosen to abort my baby!

So, in 2007 I went through the Bible Study, Forgiven and Set Free, because I would be referring women to it and I needed to know what it was about. I told myself this, because after all there was nothing wrong with me! How wrong I was!! The Lord Jesus met me in that study and completely healed me and set me free! My life has not been the same since.

It is my heart's desire to see other post abortive women receive the same forgiveness, healing and freedom that I myself experienced. I want to talk about this every chance I get and to also let people know that just because the government has said abortion is legal, it does not make it lawful in the eyes of a Holy God!

One in three women, sitting in the churches today, has experienced the pain of a past abortion. We are in your midst and it is time to come out and receive complete healing!!

*marcia McNaney*

Life's Choices of Lake County  
Crisis Pregnancy Center

## "Out of the Ashes" A Future

Often times, guys seem to get overlooked, left out, or simply forgotten in the 'life' equation. This should not be! For every aborted child, there are three people immediately affected, child, mother, and father.

I've often said that fathers are the key. If each man were to grasp and embrace the full realm of responsibility and accountability regarding honor and respect for the sanctity of human life, today's landscape would look a whole lot different.

I know, this is an awful lot to ask for in the midst of today's decaying societal values. Yet, there is hope. More and more I see faith based fatherhood programs, men's mentoring programs, and post-abortion healing for men (Healing A Father's Heart) move toward the front. I am so thankful for this welcome trend.

But, make no mistake, the answer is not just in programs. The only entity that has ever made a positive and permanent change in my life is Jesus. The elements of believing, receiving, and experiencing the immensity of Christ's Love for each one of us can be and is overwhelming. Forgiveness (outward and inward) can take root and then we can look back and say, "I didn't know what I didn't have until I had it."

Our circumstances may not change, but our hearts certainly can and do. Unforgiveness entangled in hurt, resentment, bitterness, anger, hate, and all other such cousins is so devious. It's like me taking deadly poison, and then expecting the other person to die. What a blessing it is to break free from our self-driven past and find the warm embrace of the Loving Triune God. As Jesus so clearly stated, "I am the way, and the truth, and the life."

*Phil*  
in Montana

*"Before I formed you in the womb I knew you,  
before you were born I set you apart; I appointed  
you as a prophet to the nations."  
Jeremiah 1:5*

## Hope

My father was a doctor, I was 17, straight A student heading for college and I went to church every Sunday. Nevertheless, I found myself pregnant. My parents didn't know that I was pregnant or that I had an abortion that summer. I thought it was a quick fix to my pregnancy but instead it was the beginning of a downward spiral in my life. I was in denial at the time, but it didn't last forever.

Years later, I finally admitted to myself and to God that I had taken the life of my baby. Through talking to others and participating in a post abortion recovery group as well as growing in my Christian faith, I was able to heal from my past.

If you are struggling with a past abortion, contact the National Helpline for Abortion Recovery to find local resources to help you find hope and healing.

*wanda kohn*

Personhood Florida

### *Michele's Story*

<http://www.micheleherzog.com/p/about.html>

On June 29, 1986 my life completely changed, I became a new creation in Christ Jesus, completely delivered of drugs and drinking completely! But it took two years to deal with the abortions. It was my hidden secret and I was afraid to let anyone know about them in fear that they would not want to be around me.



Without the love and forgiveness of Jesus Christ, I would not be alive today. After living for years with guilt and shame, I came to the place of admitting what I had done and humbly asked God to forgive me for this. I asked Him into my life and received true redemption and forgiveness. He has given me new life.